



# NAWIC



*As material for the  
construction of our  
building, I pledge the  
agility of my hands,  
the ability of my mind,  
and the integrity of  
my heart.*

## Message from Your President

Chris Hall

Spring is almost upon us. I don't know about you, but I am definitely ready. The days are getting longer and hopefully soon a lot sunnier.

Before we head into summer, we are going to leave winter with a bang. What better way than celebrate the women of construction. Our WIC committee has planned a fantastic event for networking and learning. We have a speaker discussing bullying/harassment in the workplace and a speaker on how to make yourself more marketable in a predominately male industry. Come join us for some hors d'oeuvres and a chance to win door prizes or a UP24 band by Jawbone! More details on when and where are in the newsletter.

Don't forget about the Region 9 awards coming up. This is a great opportunity to let your members know how much you appreciate them and their efforts.

Hope everyone has a great WIC week.



Sarah Webb

WIC Week provides an occasion for NAWIC's thousands of members to work together across the country to raise awareness of the opportunities available for women in construction and to emphasize the growing role of women in our industry. In honor of this, South Sound Chapter has gone to great lengths to provide us with the perfect opportunity to do just that.

Grab your co-workers, suppliers and anyone else you can find and join us at the Emerald Queen on Tuesday March 4th at 5:30PM for a night of "Celebrating You - A Woman in Construction". If you aren't done celebrating after that, close out the week at the OR Coast Retreat at the Hallmark Suites in Cannon Beach, OR (March 7th - 9th) - it's just a Big Red Bus ride away! It's not too late to register and there is always an available seat for you in Cathy Hall's Suburban.

### **PRESIDENT**

CHRIS HALL

Lakeside Industries

### **VICE PRESIDENT**

CATHY HALL

Bristol General Contractors LLC

### **TREASURER/ SECRETARY**

NANCY WEBBER

Webber Electric

### **IMMEDIATE PAST-PRESIDENT**

SARAH WEBB

Miller Sheet Metal Inc.

### **DIRECTORS**

JUTTA HOOD

VECA Electric & Technologies

LAURA RANOW

VECA Electric & Technologies

### **PARLIMENTARIAN**

KELLY MILSTEAD

# Upcoming Meetings Schedule

## March Meeting = WIC Week (Tuesday, 3-4-14)

There will be no business meeting on Tuesday, March 4th. Instead, we will be hosting a WIC event.

**You are invited to join us for a FREE event of networking and learning more about Bullying/Harassment in the Workplace and how to make yourself more marketable in a predominantly male industry.**

In addition, you'll enjoy lots of Hors D'oeuvres, meet new friends, win door prizes, and enter a chance to win an UP24 Band by Jawbone. [Click here to RSVP](#)

## Presenters

Meg Winch

Owner and President

Communication Skills



**SOCIUSLAWGROUP** PLC

Jeannette Adams-Gorman, Attorney  
Employment and Labor Law



## April Meeting (Tuesday, 4-8-14)

**Location: Construction Testing Labs, 400 Valley Ave NE, Suite 102, Puyallup 253-383-8778**

**Program: Facility Tour**

NAWIC South Sound is excited to announce an action packed event on Tuesday, April 8<sup>th</sup>. Dennis Smith, Operations Manager with *Construction Testing Laboratories* (CTL) is hosting us on a tour of their facility located in Puyallup, WA. This will be a highly informative evening that you won't want to miss. Please plan to meet at their facility at approximately 5:30

Dinner and a brief NAWIC meeting will follow at: *Casa Mia Italian Restaurant*, 505 North Meridian, Puyallup, 253.770.0400. (1 mile from CTL)

CTL, WA's website [www.ctlwa.com](http://www.ctlwa.com) provides a wealth of information to include:

“Reduce Testing Expense, Increase Construction Revenue: CTL is a specialty inspection agency and testing laboratory. They have been located in the Tacoma area for over 15 years. CTL maintains the highest level of accreditation available for technical competence in our industry.” Some of their unique services include: soils testing, cast in place concrete, structural masonry, reinforcing steel, structural steel & metals, and more. CTL

## WIC Week - by Puget Sound NAWIC



SPONSORED BY NAWIC | GLY

WOMEN IN CONSTRUCTION FORUM

# SHAPE THE FUTURE + YOUR CAREER

MARCH 7, 2014 | 10:30 a.m. – 3:30 p.m.

**REGISTER TODAY! \$40**

SEATING IS LIMITED

**CELEBRATE NATIONAL ASSOCIATION OF WOMEN  
IN CONSTRUCTION WEEK AND INTERNATIONAL**

**WOMEN'S DAY** in the company of accomplished women creating fulfilling careers and leading our industry in sustainably built environments and project delivery innovations.

## WHY ATTEND?

Interested in vision, empowerment, positive change and professional development? You'll be inspired, supported, and walk away with practical tools for paving your own career path, whatever your passions – sustainability, project management, technology, more.

**REGISTRATION:** Plus links to [Full Bios, Agenda + Program Information](#)

**LOCATION:** GLY Construction | Eastside Learning Hub  
200 112th Avenue NE, Suite 300 | Bellevue WA 98004

## DYNAMIC SPEAKERS + FACILITATORS

### KEYNOTE

**Level the Playing Field**

*A-P HURD, Vice President, Touchstone*

### FORUM | PANELISTS

**Getting A Seat At The Table**

*Kelli Leith, Senior Planning + Real Estate Manager, Microsoft*

**Emerge: A Leadership Approach That Works For All**

*Kathleen O'Brien, Executive Director The EMERGE Leadership Project*

**Pivotal Moments + Setting Yourself Apart**

*Martha Rose, President, Martha Rose Construction*

### THREE BREAKOUT SESSIONS

**Entitlement, Preconstruction, Site Preparation, Relationships + Team Building**

*Deborah Willard, Senior Project Manager*

*Julie DeDonato, Project Manager*

*Vulcan Real Estate*

**Beyond 3D Modeling: Exploring BIM's 4th + 5th Dimensions**

*Sarah Dreger, Director Virtual Design + Construction, McKinstry*

*Heather Hull, AIA, Integrated Design Engineer, GLY*

**Climb the "Career Lattice" to the Career You Want**

*Brenda Nunes*

*Managing Broker, Keller Williams Eastside*

RESERVE YOUR PLACE AT THE TABLE | **REGISTER NOW! \$40**  
LUNCH PROVIDED. NETWORKING FOLLOWS.



## Another idea to inspire you to visit Indianapolis during AMEC this year.

Have you ever heard of Endangered Species Chocolate? Well, not only does this chocolate company support SPECIES, HABITAT, and HUMANITY across the globe by sourcing their ingredients from places that are certified sustainable, supporting ethical trade, and by donating annually 10% of their net profit to organizations that support species and habitat conservation. Check out the promise video on their website <http://chocolatebar.com/>. What's also unique about this chocolate is that it is gluten free and the filled bars have dairy-free creme inside.

I, however, LOVE the chocolates from South Bend Chocolate Company... They have a small cafe on the circle in downtown Indy, just a few blocks from the hotel and overlooks Circle Monument with Lady Victory high on top. Beautiful at night with the lights, great place to not only get a variety of chocolates, but hot cocoas, chocolate malts, coffee, and scrumptious cakes and ice creams as well. Visit [http://www.sbchocolate.com/locations\\_chocolate\\_cafes.html](http://www.sbchocolate.com/locations_chocolate_cafes.html) for hours - it's the location called Chocolate Cafe - Indianapolis towards the bottom.

## Stay Connected



### NAWIC NEWS

Please send all articles and content recommendations for this chapter to [jutta.hood@veca.com](mailto:jutta.hood@veca.com) by the 25th of each month.

**CONTACT INFO UPDATE** Members can update contact information through the member center which can be found after signing in at [www.nawic.org](http://www.nawic.org).

2014 NAWIC Annual Meeting and Educational Conference

September 3-6, 2014 Indianapolis, IN.

Did you know that Indiana has 65+ breweries? Check out <http://www.brewersofindianaguild.com/> for a listing to check out on your way in or out of the state to Indy (But DON'T do a tasting and then drive!!!) or visit <http://visitindy.com/indianapolis-whats-on-tap-indy-breweries> and <http://beeradvocate.com/place/city/41/> for our local brews. SunKing, Ram and Rock Bottom are all walkable from the hotel.

And if beer isn't your style, Indiana also has 80+ wineries in our state! Check out <http://www.indianawineries.com/> for a listing for the whole state - perhaps make a stop to one further out from Indy on your way either in or out of our great city? Notice that Easely Winery is downtown and walkable (although a bit of a long walk) from the hotel, Harmony Winery is on the northeast outskirts of Indy (get off I-465 at Allisonville, which is the same exit for shopping at Castleton Mall), Buck Creek Winery is off I-74 towards Ohio, Hopwood Cellars is in quaint Zionsville which is near I-465 and I-65 northeast corner Indianapolis suburb, and many others off I-65, Hwy 31, I-74 to the west, etc. etc.

If you like hard apple cider or mead which is made from honey, New Day Meadry is the place for you. It's on the southeast outskirts of downtown – it's an easy cab ride.

**Have you booked your trip yet?**



## COMMITTEE CHAIRS:

### Finance

Nancy Webber

### Standing Rules & Bylaws

Kelly Milstead

### Programs, Educations & Projects (PEP)

Susan McKinney

### Membership & Marketing

Laura Rannow

### WIC Week

Jutta Hood

### Ways & Means

Cathy Hall

### Public Service

Sarah Webb

### Audit

Susan McKinney

Cathy Hall



AGC of America released its 2014 Construction Hiring and Business Outlook. As you may recall from prior years, the Outlook is based on responses we received from over 800 member firms who answered a series of survey questions about their expectations for the hiring, business, cost, and regulatory issues in 2014. Thank you to all the members that took the time to complete the survey. In addition to national data, we released state-specific fact sheets for the 18 states where we had a robust enough response rate.

Many firms plan to start hiring again and most contractors predict demand will either grow or remain stable in virtually every market segment this year according to survey results. The survey, conducted as part of *Optimism Returns: The 2014 Construction Industry Hiring and Business Outlook*, provides a generally upbeat outlook for the year even as firms worry about growing worker shortages, rising costs and the impact of new regulations and federal budget cutting.

You can find all materials, including the press release, national and state fact sheets, as well as the recording of the media call, on the [homepage of our website](#).

Should you have any questions, please contact Brian Turmail at [turmailb@agc.org](mailto:turmailb@agc.org) or (703) 459-0238.

Stephen E. Sandherr, Chief Executive Officer

On March 20, 2014, AGC will host a webinar on the implications of one of the most talked-about state laws that is sweeping its way across the country, legalized marijuana. The webinar, **Legalized Marijuana: Implications for the Construction Workplace**, will be held from 2:00 p.m. – 3:30 p.m. EDT. Registration is \$99 for members and \$129 for non-members.


During the webinar, Glenn Schlabs, partner with the law firm of Sherman and Howard, LLC, in Colorado Springs, CO, and Shannon Aguilar, vice president and director of human resources at MWH Global, a construction firm headquartered in Broomfield, CO, will help construction contractors avoid the legal pitfalls of compliance and share best practices for policy implementation and communicating with employees with regard to legalized marijuana. Webinar attendees will get answers to pressing questions like:

- Are employers required to accommodate the use, possession or sale of marijuana on the jobsite in these states?
- What changes, if any, should companies make to their drug testing policies?
- What legal rights do employers have to sanction employees who use marijuana off-the-clock?
- How can federal construction contractors comply with federal drug-free workplace laws without running afoul of state law? and
- What are the safety implications, and how can employers protect workers on the jobsite?

For more information or to register, click [here](#).

# Now and Then

## March 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
2	3	4 	5	6	7 WIC Forum 10:30—3:30	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	<p><b>Women's History Month</b> is an annual declared month worldwide that highlights the contributions of women to events in history and contemporary society. It is celebrated during March in the United States, the United Kingdom, and Australia, corresponding with <a href="#">International Women's Day</a> on March 8, and during October in Canada, corresponding with the celebration of Persons Day on October 18</p>				

**March 3, 1913** - A women's suffrage march in Washington D.C. was attacked by angry onlookers while police stood by. The march occurred the day before Woodrow Wilson's inauguration. Many of the 5,000 women participating were spat upon and struck in the face as a near riot ensued. Secretary of War Henry Stimson then ordered soldiers from Fort Myer to restore order.

**March 4, 1933** - Newly elected President Franklin D. Roosevelt took office and delivered his first inaugural address attempting to restore public confidence during the Great Depression, stating, "Let me assert my firm belief that the only thing we have to fear is fear itself..." His cabinet appointments included the first woman to a Cabinet post, Secretary of Labor, Frances Perkins.

**March 10, 1903** - Politician and playwright Claire Boothe Luce (1903-1987) was born in New York City. She served in the House of Representatives from 1943 to 1947 and then became the first woman appointed as U.S. ambassador to a major country (Italy).

**March 14, 1833** - The first female dentist, Lucy Hobbs (1833-1910) was born in New York state. She received her degree in 1866 from the Ohio College of Dental Surgery and was a women's rights advocate.

**March 25, 1911** - A raging fire erupted inside a garment factory in New York City killing 123 young women employed as low-paid seamstresses, along with 23 men. The fast-spreading flames engulfed the 8th and 9th floors of the Triangle Shirtwaist Company in lower Manhattan in just a few minutes. About 50 of the victims had jumped to their deaths rather than perish from the flames. The sensational tragedy spurred national interest concerning the rights of mostly-immigrant women workers of the New York garment industry who labored long hours six or seven days a week in cramped, dangerous conditions for about \$5 weekly pay.